



# GET BACK TO WORK SAFELY™

SPONSORED BY AIHA®

## BacktoWorkSafely.org

### Protecting All Workers

SARS-CoV-2, the virus that causes COVID-19, spreads from person to person when they breathe in or inhale infectious aerosols. These are tiny particles that can remain suspended in the air for long periods. These particles spread easily throughout an indoor space, so physical distancing **does not** guarantee protection. Other routes of transmission include droplet spray, or propulsion of large droplets into the nose, mouth or eyes of someone nearby, and touch, or transfer of particles by hand from a contaminated surface.

According to the [CDC](#), infection is believed to occur when coming within 6 feet of an infectious person for a cumulative (total) time of 15 minutes over a 24-hour period.

As businesses, schools and other establishments across the United States reopen, AIHA members have developed guidelines for small businesses that **do not** have readily available occupational health and safety resources. We encourage employers, employees, and customers to carefully read and implement as many of our recommendations contained in the guidance documents provided for your industry as possible.



These recommendations are made by America's occupational and environmental health and safety (OEHS) experts, members of the American Industrial Hygiene Association (AIHA). For more than 80 years, AIHA has helped industries around the world protect workers from short and long-term illness and injury on the job.

Our OEHS professionals practice the science and art of anticipating, evaluating, controlling, and confirming protection from hazardous workplace conditions that may cause workers injury or illness.



Amateur Sports



At-Home Service Providers



Bars



Business Services (e.g., banks, dry cleaners.)



Childcare Centers



Construction Sites



Dental Offices/Clinics



General Office Settings



Gyms and Workout Facilities



Hair and Nail Salons



Institutions of Higher Education



K-12 Schools



Laboratories



Libraries



Museums and Collecting Institutions



Outdoor Recreation



Physical/Occupational Therapy/ Massage Therapists



Retail Stores



Restaurants



Rideshare Services (e.g., taxi, Uber)



Small Entertainment Venues (e.g., mini golf)



Small Lodging Establishments



Small Manufacturing, Repair, and Maintenance Shops



Street Vendors/Farmers Markets



Transit Systems (e.g., buses, subways, light rails)



Worship Services / Religious Gatherings



Warehouse / Logistics

These guidelines are continually updated and are free to download and share. All documents are now available in Spanish. [Visit Recursos en español.](#)



# Keep employees and staff safe with these free posters.

Download these free, ready-to-print 11"x17" signs sharing best-practice methods to curb the spread of COVID-19.

From "Wash Your Hands" graphics to "Sanitize Equipment" signs, these posters remind people to follow the recommendations from leading health organizations and help to stop the spread of coronavirus.

Prevent the Spread of COVID-19



Clean and Sanitize Equipment After Each Use



If You Feel Sick, Do Not Enter



Face Covering and Gloves Required



Employees and Customers Must Wash Hands



Reduce the Spread of Germs Close the Toilet Seat Cover



Reduce the Spread of Germs, Use Towel to Open Door



Employees Wash or Use Sanitizer



Do You Have Your Face Covering?



For Your Safety