

Pledge to do your part in making your building, organization, and community healthier and safer from COVID-19.

We all have an individual and institutional responsibility to protect ourselves and one another.

As professionals representing occupational and environmental health and safety, infection prevention, healthcare, biosafety/security, and building engineering, we must come together. Collectively, we are THE experts that know how to keep indoor environments safe and mitigate the spread of pathogens.

Reducing the risk of transmission of an airborne virus, like SARS-Cov-2, is key to reducing its spread.

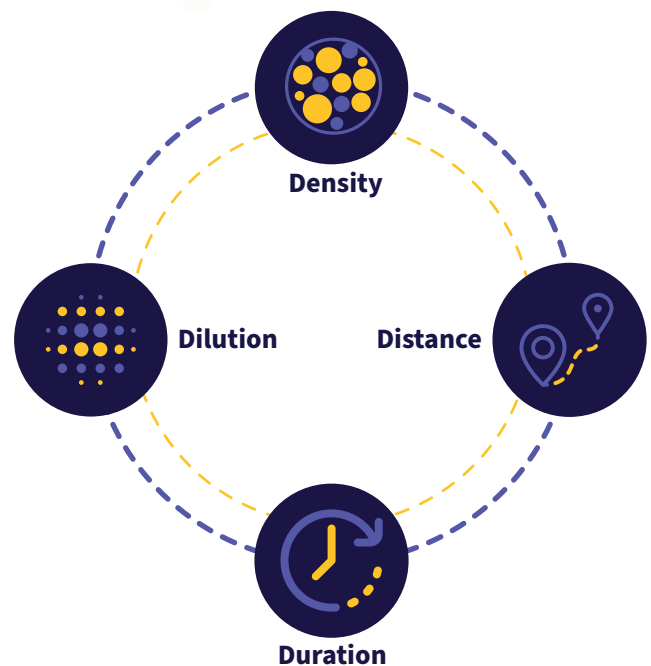
Vaccination and human diagnostic are critically important.

Given that a primary **transmission route for COVID-19 is airborne**, medical mitigation strategies **MUST** be complemented with environmental control solutions to reduce the risk of transmission.

This is a **holistic approach** that is more comprehensive.

Commit to C.A.R.E. was developed by global experts, scientists, and researchers guided by the current peer-reviewed science and decades of lessons learned from risk **prevention of other highly contagious airborne diseases** like tuberculosis and measles.

Commit to C.A.R.E. was designed to educate and help guide organizations across the globe through easy-to-understand virtual trainings and risk assessment tools **based solely and objectively on established science.**



IBEC bridges the gap between science and real-world application so people can feel safe gathering together again in indoor spaces.





AIHA is the association for scientists and professionals committed to preserving and ensuring occupational and environmental health and safety (OEHS) in the workplace and community.








Let's protect ourselves and each other. **Together.**

Commit to C.A.R.E includes the following trainings and tools to help organizations protect themselves and their communities:




1. Determine Your Risk

-  Video Training: How to Understand and Assess Your Risk
-  Interactive Risk Assessment Tool (web-based)





2. Implement Workforce Training

-  Video Training: How to Determine If Your Worker is High or Low Risk?
-  Video Training: How to Understand and Assess Your Risk
-  Video Training: Why Masks Work
-  Video Training: How To Properly Store and Wear a Mask
-  Video Training: Why Respirators Work
-  Video Training: How To Properly Store and Wear a Respirators
-  Video Training: What Ventilation Means for Your Risk of Exposure




3. Assess and Improve Your Building's Ventilation

-  Video Training: What is Ventilation and Why Is it Important to Reduce the Risk of Transmission?
-  HVAC Optimization Checklist (web-based)
-  Personal HEPA Air Filter Checklist (web-based)



4. Print and Post Supporting Workforce Materials

-  Proper Mask Fit Poster
-  Proper Respirator Fit Poster
-  Remember the 4 Ds Risk Assessment
-  Ventilation Tips Poster


5. Print and Post Supporting Customer Materials

-  Wearing Masks Educational Posters
-  CARE Pledge Window Decals
-  CARE Pledge Website Badge

6. Determine if You Need an Occupational Health and Safety Professional

-  Video Training: What's an Occupational and Environmental Health and Safety Professional?
-  Online AIHA's Consultants Directory

7. How to Find an Occupational Health and Safety Professional

-  Video Training: How to Find an Occupational and Environmental Health and Safety Professional?

8. Develop a Vaccination Policy

-  Vaccination Policy FAQs Answered.

9. Develop a Testing Policy

-  Testing Policy FAQs Answered.