How to properly take off your mask.

These are the five steps to properly removing your mask:

1. Stretch the ear loops past the ears or untie the strings behind the head. Handle the mask only by grasping either the ear loops or string ties.

2. Fold the outside corners together so that the outside of the mask is inside the fold.

3. Be sure not to touch your eyes, nose, or mouth when you remove your mask.

4. Wash or sanitize your hands immediately after removal of the mask.

5. Wash the mask according to the manufacturer’s recommendations. If you are wearing a disposable mask, throw it away after use.