How to make sure your respirator fits properly.

These are the five steps to properly fitting your respirator:

1. Wear your respirator over your nose and mouth and secured under your chin.

2. If the respirator has a nosepiece, fit it to your nose with both hands.

3. The facepiece should cover your nose and mouth.

4. Facial hair can interfere with the face seal, so be sure to shave before putting on your respirator.

5. Be sure that you conduct a user seal check each time you put on your respirator.