Fun Ice Breakers for Meetings or Events

Icebreakers are fun activities to help people get to know one another and build camaraderie. Having a strong bond with your local section officers and members can create better communication and trust.

Below are some icebreaker ideas, but for more ideas you can refer to this blog post of 26 more icebreaker ideas.

**Popular Ice Breaker Activities**

- Break up into groups and prepare a question or two to be answered by the groups, some examples could be:
  - What improvements do you think could be made in your LS?
  - What has been your favorite LS meeting (venue, topic, etc.)?
  - Talk about your favorite personal activities
    - Can create talking points if people have things in common
  - Does anyone have a fun ice breaker idea they would like to share?

- The social question: ask each participant an ice breaker question. This can help LS members to get to know each other better on a personal level. Example questions could be:
  - What was your first job?
  - What is your favorite season and why?
  - If you could be anywhere in the world right now, where would you be?
  - How have you been liking (or not) working from home?
  - Do you have a home office set up, what is your work space like?
  - Do you have any pets?

- Two lies and a truth
  - Ask each team member to prepare a list of three interesting “facts” about themselves, two of which must be made up.
  - Then get other team members to pick which of the statements is true.
  - The team member that receives the most incorrect votes “wins”.

- The foodie ice breaker:
  - Break the ice by asking everyone what dish they would want to prepare for the team. Ask them how they learned to make it? Is there a memory they associate with the dish that they would like to share?

- The Logo Ice Breaker
  - Ask each member to grab a blank piece of paper
  - Ask them to draw their own personal AIHA LS logo idea
    - Possible way to come up with a good logo design that can be used to make logo wear or merchandise for your LS, which is a good way to raise money.
• The Friendly Debate Ice Breaker
  o Pose a harmless question that prompts people to choose a side, some examples could be:
    ▪ Which food is better: pizza or tacos?
    ▪ Would you rather go on a hike or to a movie?
    ▪ What skill is more valuable: creativity or logic?
    ▪ Which is worse: being bored or being too busy?
  o Have them enter their answer into the chat box, then break up the like-minded individuals into groups to discuss the virtues of their position.
  o Then have the group representative try to sell their stance to the other side of the room.
    ▪ This will give everyone a chance to see things from a different perspective and open everyone’s minds for a productive meeting