Hello everyone! Thank you for taking the time out of your busy schedules to connect with AIHA. We strive to help AIHA meet the needs of students like you by setting annual goals tailored to help improve students’ interactions and time with AIHA. Be sure to look out for coming events, groups, socials, and more by connecting with us through the Student Page on Catalyst. While you are on Catalyst be sure to enroll in the mentorship program; you’ll be matched with an IH Professional that is specifically tailored to your wants and needs! Please feel free to reach out to any member of the Board with questions, comments, concerns, IH Success stories and anything in between so that we can help you become a successful IH Professional. I look forward to speaking with you soon.

Best, Alessandra Pratt, Chair SLSC
prattlexi@gmail.com
Hello everyone and again thank you for taking the time to read our newsletter. My name is Alessandra Pratt and I am the current Chair of the Student Local Sections Council. I am a current industrial hygiene/occupational and environmental health doctoral student at the University of Iowa, where I also obtained my Master of Science last year and my Bachelor of Science from Clarkson University in Potsdam, NY. After completing my PhD I hope to enter the industry, sit for the CIH, and eventually return back to academia. During my tenure at universities, I have been Chair of the Iowa-Illinois Industrial Hygiene Student Association and Secretary of the Student Local Sections Council. I am very excited to now be serving as chair of the SLSC and look forward to this coming term.
My name is Savannah Jones and I am pursuing a Master of Public Health in Industrial Hygiene at the University of Alabama at Birmingham. I recently graduated Summa Cum Laude from the University of North Alabama with a Bachelor of Science in Industrial Hygiene and General Chemistry. I currently work as a Safety and Health Intern at Vulcan Materials Company! I am happy to serve as your vice chair for the AIHA SLSC for this upcoming year.
Introductions

Secretary: Vishal D. Nathu

My name is Vishal D. Nathu, and my health and safety commitment is to anticipate, recognize, and prevent occupational hazards. Currently, I am a second-year Ph.D. student at the University of Cincinnati College of Medicine, focusing on Industrial Hygiene. In addition, I hold an undergraduate and a graduate degree from the University of Kentucky and Eastern Kentucky University, respectively. My professional experiences of practicing health and safety are all within the manufacturing sector. Some of my career aspirations include becoming board certified in both occupational safety and industrial hygiene. In my early career, I would like to primarily focus on practicing health and safety within manufacturing, then I would like to progress into the production, quality, and cost side of a business. I am excited to serve as this year's Secretary for the AIHA SLSC.
I am a second year Master’s Student at The University of Iowa studying Industrial Hygiene from Eau Claire, Wisconsin. I also completed my undergraduate degree at The University of Iowa studying Biomedical Engineering with a focus in musculoskeletal biomechanics. I currently serve as the Communications Chair for the Student Local Sections Council and the President of the Iowa/Illinois Industrial Hygiene Student Association. Whether it’s conference sessions, networking or exploring others’ research I love the opportunities that AIHA offers to young professionals. I am looking forward to achieving my CIH and entering industry upon graduation.
Hi Everyone! I am Jake and I received my B.S. in industrial hygiene from the University of North Alabama (UNA) in Florence, AL. and am currently a PhD candidate at the University of Alabama at Birmingham (UAB), pursuing a terminal degree in Environmental Health Sciences. As part of my dissertation work, my present research endeavors focus on novel techniques for VOC air sampling. I have been a student member of AIHA 2013 and am currently serving as the Past Chair of SLSC. Over the years, I have had the privilege of serving AIHA in the following positions: Treasurer of UNA’s student section, President of UAB’s student section, SLSC Secretary, and SLSC Chair. I also had the honor of serving on the 2018 Strategic Planning Task-force, and as a volunteer member of various AIHA Committees. After graduation, I plan on entering into academia and eventually sitting for the CIH.
Person of Interest Spotlight

Hillary Waterhouse, CIH

Hillary Bryn Waterhouse, CIH is a second-generation industrial hygienist; her father was an industrial hygienist with the U.S. Air Force. Some of her clearest childhood memories are trips with her father to base hospitals and water quality labs. Her family traveled with the military across the United States. Immersion in so many different communities seeded her strong belief in the value of industrial hygiene as an engine for public health justice. Hillary holds a Bachelor of Science in Biology from the University of Minnesota-Duluth, and is currently completing her Master of Public Health degree at the University of Minnesota-Twin Cities. She is the Section Chief for Occupational Safety and Health Intervention in the New York State Department of Health’s Bureau of Occupational Health and Injury Prevention. Previously, Hillary worked as a Compliance Safety and Health Officer with the Occupational Safety and Health Administration in New York and Georgia.

As the Vice Chair of the Local Sections Council, I act as the advisor to Student Local Sections Council. Industrial hygiene is such a complex practice because it requires knowledge from both formal education and applied practice experience. Connecting industrial hygienists so they can collaborate and solve complex problems might be the most rewarding thing I do. I’m excited to work with the Student Local Sections Council as their members start their journeys into practice.

My advice for industrial hygiene students entering practice: Approach each workplace with genuine curiosity. Ask a worker to show you what they do. Why do they work a certain way? How do they feel about the gloves they use? Can they show you how they put on their respirator? People take great pride in their work. The best quality an industrial hygienist can bring to the work is a true interest in workers.
Ways to Get Involved!

Volunteer Group of Interest: Student’s and Early Career Professionals

SECP is frequently contacted by other volunteer groups looking for ways to 1) get students and early career professionals to join their committees, and 2) keep younger members involved and engaged. It is vital for the health and longevity of volunteer groups to have new members consistently join and remain active within the group; however, many early career professionals feel too intimidated to join a volunteer group or are unsure how they can personally assist the group. SECP is in the unique position of having a large member body of students and early career professionals, who through their involvement in the committee are gaining valuable volunteer and leadership experience. SECP plans to focus some of its efforts on preparing our members to become experienced volunteers who feel better prepared to becomes active participants in other volunteer groups.

Sign Up for a Mentor!

Don’t forget to sign up for a mentor! It’s quick and easy and will benefit you for a lifetime!
1) Clicking on ‘Enroll as a Mentee’ in the Mentoring Program tab on Catalyst.
2) Completing the Mentee profile.
3) Reviewing and updating your Catalyst member profile.
When you set up your mentee profile, the system will match you with possible mentors.

Need a Job or Internship?
Visit the CareerAdvantage Page on AIHA.
5 Goals of SLSC for 2019-2020

1. Create a student Facebook group
2. Bridge the gap between Early Career Professionals and Students
3. Explore integration of ‘virtual business card’ into AIHce2020 app
4. Create a new Association app that includes a mechanism for connecting students
5. Aid International students
   • 5 year goal – year 2 of 5

AlHce2019 SLSC Conference Highlights

- First timer’s breakfast moderators
- Women in IH: Guest on Panel
- Table Talks: SLSC Table
- SLSC Board Member on Fellows Debate
- Student Volunteer Event at Salvation Army
- SLSC Business Meeting
- Guest presenter at AIHA Board Meeting

Important Dates:

Don’t Forget Early Bird Registration for AlHce2020
Podium Presentation Registration Deadline for AlHce2020: 9/18
Leadership Conference: 11/15-11/17
Student Poster Submission for AlHce2020: March 16, 2020
AlHce2020: 6/1-6/3