

A person wearing a red jacket and dark pants stands with their back to the camera, looking up at a large industrial machine. The machine is spraying a large amount of white fluid, possibly coolant or oil, which is creating a large splash and mist. The background is dark and industrial, with some green moss or algae visible on the right side.

# "Metalworking Fluids"

## Impact on Health Safety and the Workplace, A Personal Success Story

New England AIHA

August 26<sup>th</sup>, 2020

*"The Statements contained in this presentation represent the opinions of the author, and do not reflect the views or positions of any other persons or parties."*

*Stephen Gauthier CMFS  
Gauthier Safety Consulting;*

# This Presentation Is About...

---

- My Personal Experience
- Practical Considerations
  - ✓ Everyone Can Understand, Appreciate, and Influence
- What is Possible in MWF Environment
  - ✓ Improve Health and Safety
  - ✓ Reduce/Eliminate Exposures
  - ✓ Operator Acceptance
  - ✓ Product Effectiveness
  - ✓ Cost and Waste Control
- What You Can Do!!!!

# Personal Experience

---

- Years as a machinist
- Types of machinery
- Fluids used
  - Contamination
  - Filtration equipment
- MWF Management
  - Develop Standard Operating Procedures
  - Set criteria & frequencies
- Six Sigma
  - ✓ MWF cost reduction project
  - ✓ MWF position (40hr)

# Personal Health Effects

---

## ➤ New England Medical Center

### ✓ Patch testing (Ames)

- uncontaminated fluids (virgin)

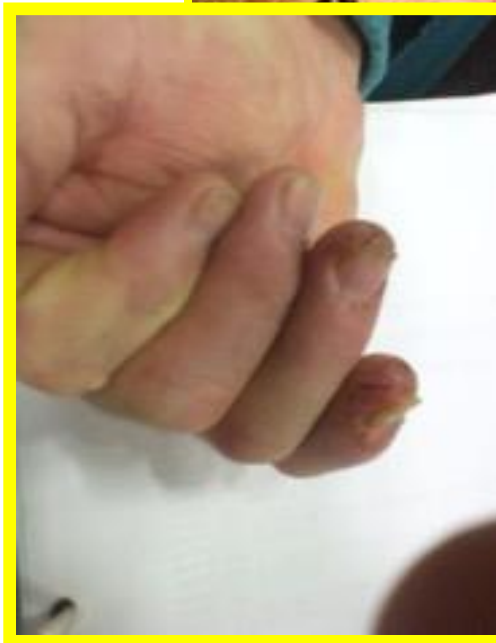
### ✓ Second testing

- contaminated fluids (used)

### ✓ Final Diagnosis

#### ■ Dermatitis

- Sensitized to zinc / sulfur
- Irritant /allergic metal fines



# Personal Aftermath and Consequence

---

- Living with the condition:
  - ✓ Social activities
    - psychological embarrassment
  - ✓ Medical removal
    - lower rated classification < \$\$\$\$\$



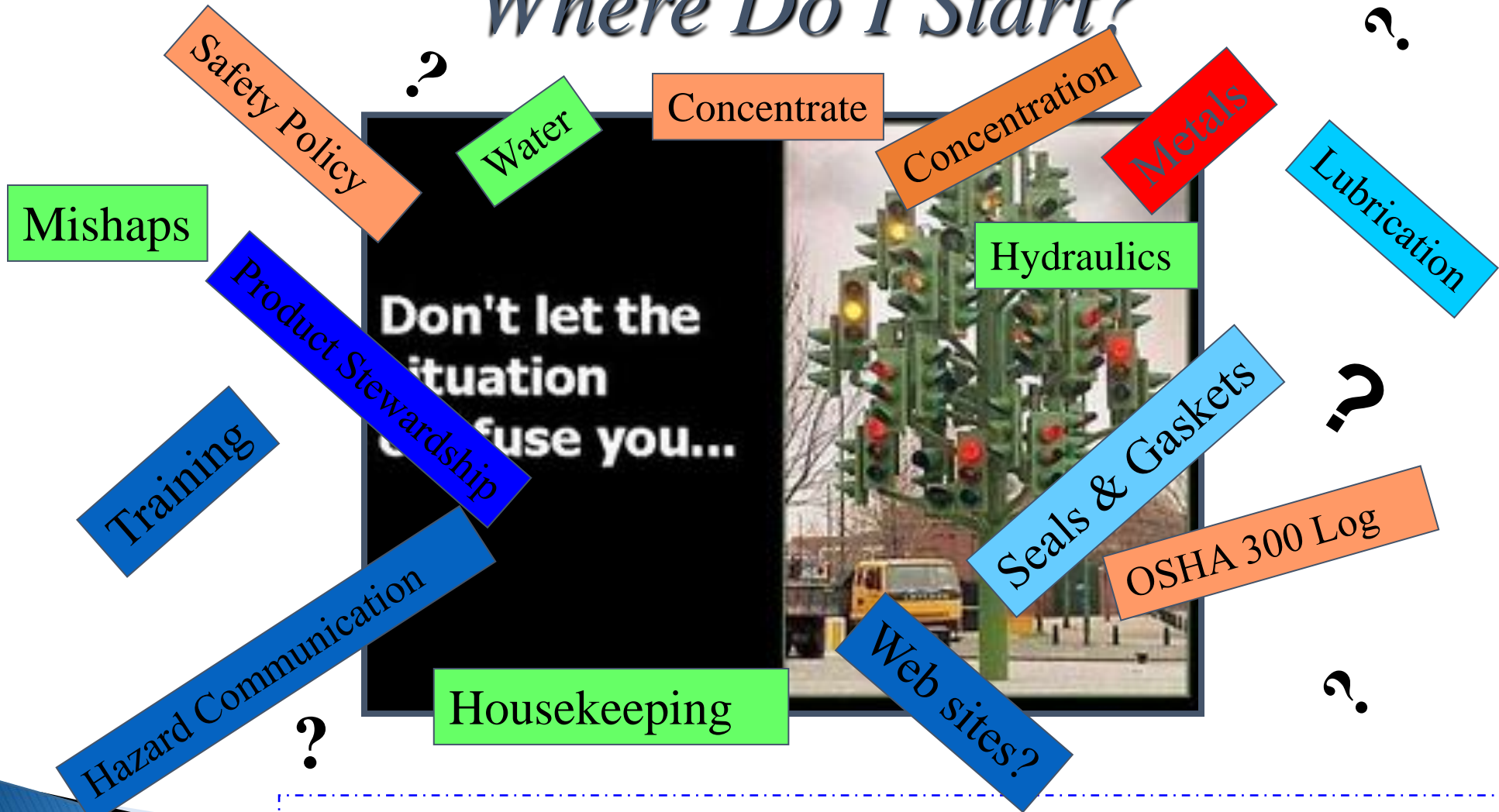
# Personal Aftermath and Controls

## ➤ Education:

- ✓ I needed to know more
- ✓ Action plan and execution
- ✓ Systematic Approach
  - Establish Predictive measurements
  - Established goals and objectives
  - Standard Operating Procedure
  - Pilot plan and presentation
  - Review Agenda



# *Where Do I Start?*



*The most incomprehensible thing about the world is that it is at all comprehensible.*  
-- Albert Einstein

# Metal Working Fluids

- ▶ **Straight oils:** Composed of mineral, animal, marine, vegetable or synthetic oils. Straight oils are not diluted with water, but other additives may be present.
- ▶ **Soluble oils:** Containing anywhere from 30–85 percent ultra-refined mineral oils and emulsifiers to dissolve the oil in water.
- ▶ **Semisynthetic fluids:** Containing 5–30 percent ultra-refined mineral oils, 30–50 percent water and the remainder additives.
- ▶ **Synthetic fluids:** Containing no mineral oil





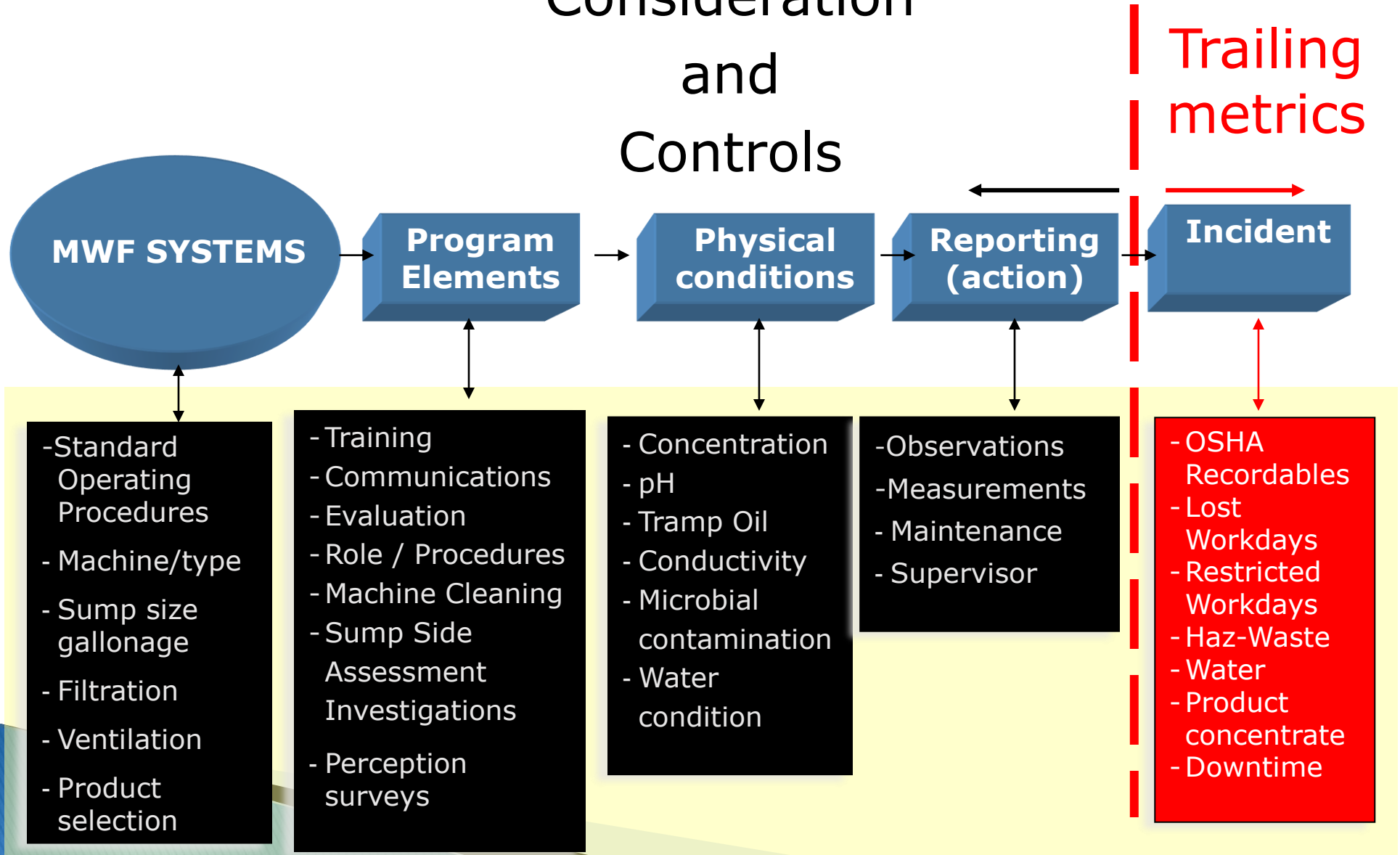
# An Introduction to MWF's

---

- MWF's are ubiquitous but necessary.
  - ✓ <sup>(1)</sup> Valued at US \$11.23 billion in 2019 and is anticipated to reach US\$15.31 billion by 2025
- MWF's account for up to 15% of a shop production cost
  - ✓ Purchase \$5 – \$16 / gal
  - ✓ Maintenance: \$0.20 – \$1.20/gal
  - ✓ Disposal: \$1.25 – \$3.00/gal

# Systematic Management

## Consideration and Controls



# Why “Be” Concerned ?

---

- Over 1.2 million workers exposed
- 185,000 workplaces (Burt 1997)
- 2,779 machine shops (NE area)

Potential Risks

Not included

- ✓ Universities
- ✓ Ignorance
- ✓ Vocational Schools



Can be Deadly

*King Cholera dispenses contagion:  
the London Cholera Epidemic of 1866  
George John Pinwell*

# Concerns about MWF

---

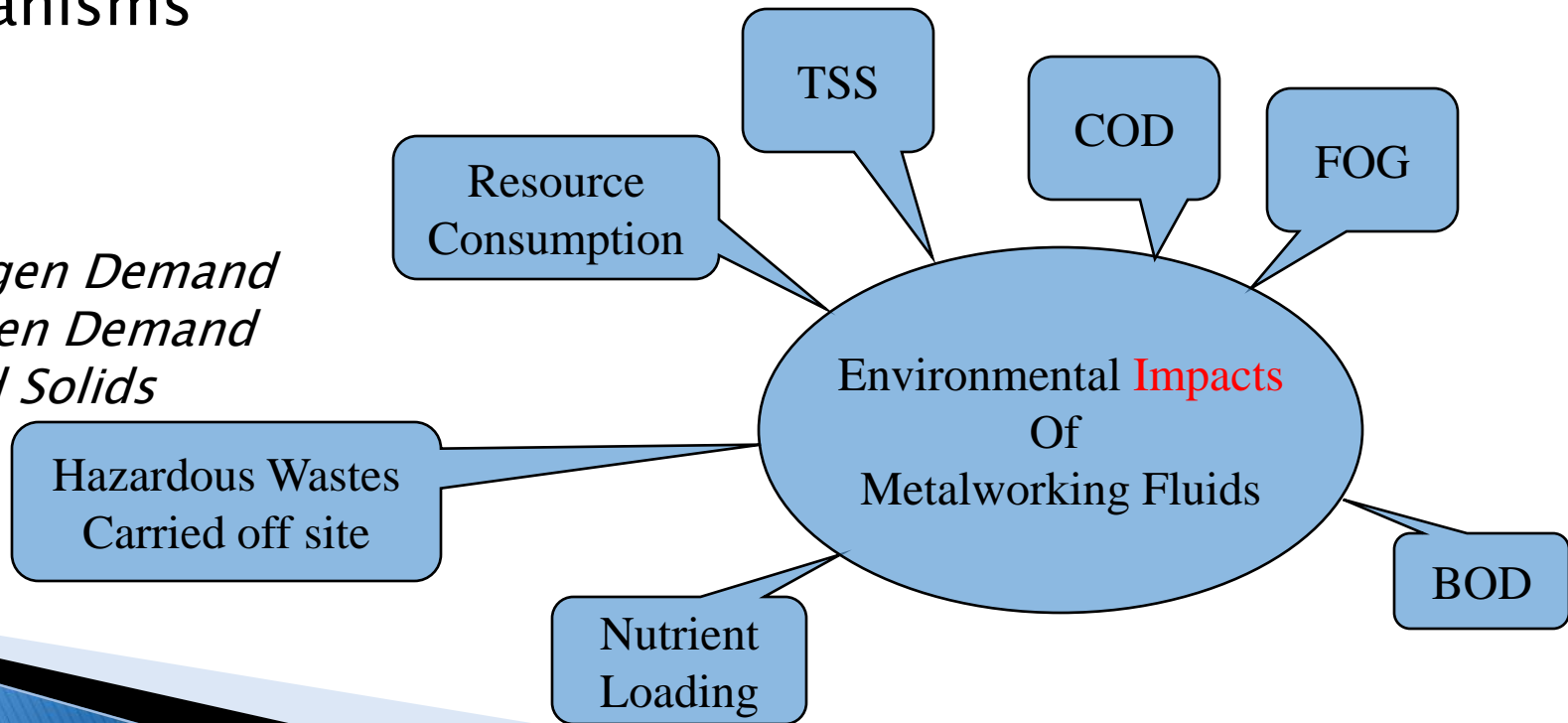
- Serious Environmental Burden
- Hazardous to Human Health (if not managed)
  - ✓ Additives (TSCA Regulated chemicals)
  - ✓ Microorganisms
  - ✓ Biocides

*FOG Fat Oil Grease*

*BOD Biological Oxygen Demand*

*COD Chemical Oxygen Demand*

*TSS Total Suspended Solids*



# Can Metalworking Fluids cause health problems?

---

- In today's work environment, Metalworking Fluids are generally used without incident, however, they can cause problems if *improperly* used, mishandled or poorly maintained.



# What We Know

---

- MWF formulations are;
  - ✓ Complex mixtures of:
    - Emulsifiers
    - Corrosion inhibitors
    - Extreme pressures agents
    - Coupling agents
    - Biocides/ Antimicrobial pesticides
      - formaldehyde condensates (Triazine)
    - Antifoaming agents



**Known Potential Health Effect:** ENT = eye, nose, and throat

CNS (central nervous system) depression = headache, dizziness, drowsiness, nausea

# What We Know...cont.

## ➤ “Improperly Managed” MWF’s

### ✓ Health & Safety Problems

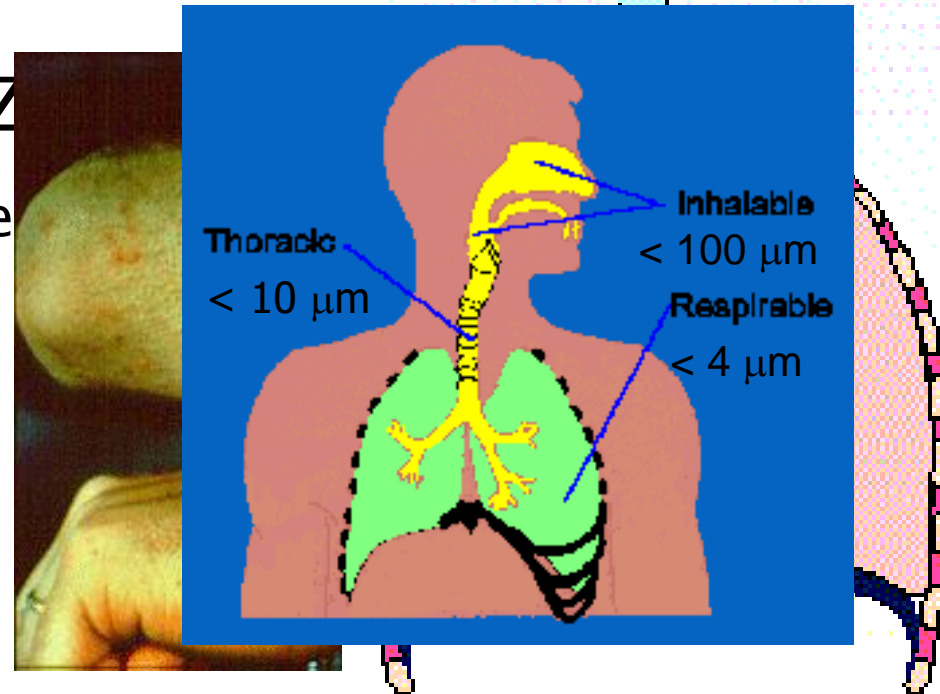
- Dermatitis: irritant , allergic, sensitizers, fines
- Eye, Nose, Throat Irritation
- Respiratory Complaints / Diseases
- Cancer (potential)

## ➤ Elimination of Exposure = Z

- A single source can affect a variety of
- Safer alternatives
- Engineering controls

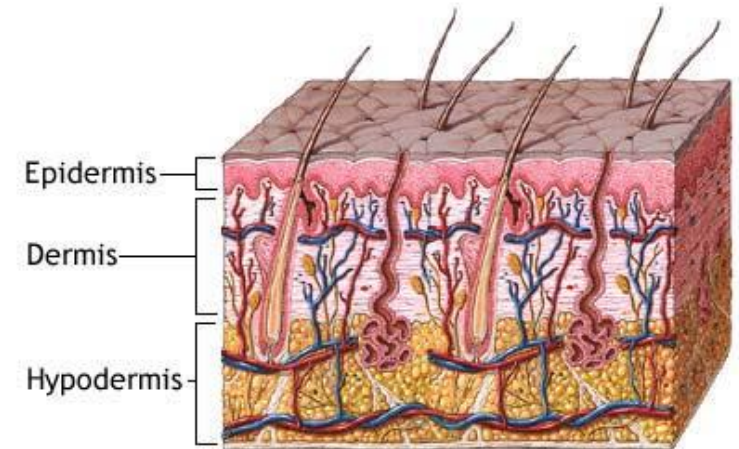
(not practical in all cases)

*Avoid food,  
tobacco and  
cosmetics in the  
work area*



# What We Know...cont.

- Some Metals, and Metal Alloy contaminants are Hazardous
- Chemicals
  - ✓ Primary irritants
    - Chemical reaction on the skin
  - ✓ Sensitizers
    - Repeat exposures/allergic reactions
- Physical
  - ✓ Mechanical
    - Friction, abrasions, lacerations and contusions
- Microbial Biological Contamination
  - ✓ Health effects and Fluid degradation



# Consequences of poor maintenance

- Fungus
- Residue
- Rust
- Foam



# What Is Practical...

---

## ➤ ...And Immediately Possible

### ■ Communication

- Employee / Employer
- Establish personal shop survey
- Sump Side Assessment

### ■ Training

### ■ Minimize Exposure

### ■ Minimize Risk

### ■ Shop Evaluation

- machine inventory, ventilation, lubricant usage, waste pump-outs



# Minimizing Risk...

- Choose “Low Impact” MWF’s

- Proper fluids Filtration

- ✓ keep It workii

- ✓ Proper Ventilati

- ✓ application

- Train People

- ✓ Good Personā

- ✓ Symptoms

- ✓ Who To Call With/Concerns

- ✓ Good Housekeeping

- Minimize Contamination

- ✓ Keep MWF In Good Condition!

- ✓ Appropriate Concentration

- ✓ Correct pH

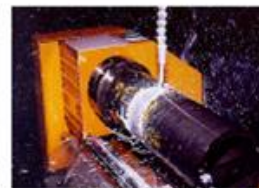
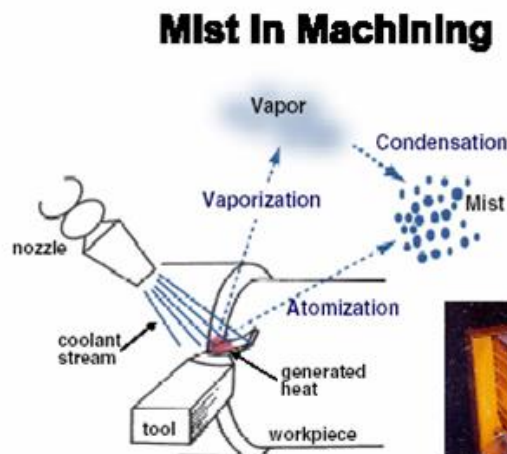
ow Biological Growth

owest Reasonable Biocide  
evels (sump side)

linimize Oil Contamination

Fix Leaks

Skim Tramp Oil



= **Stable Emulsion**

*Catch Problems Early Relying On Operators*

# Minimizing Exposures...

---

- Machine Enclosures
- Ventilation
- Mist Collectors
- Automated Operations
  - ✓ Operator is Removed
  - ✓ Exposure likely Reduced
- Low Pressures
  - ✓ Machining Operations
  - ✓ Sluiceways flushing
  - ✓ Blow-offs parts
- “Low Mist” Coolants
- Design Changes
  - ✓ Machines/control parameters
  - ✓ Be involved “Early”
- Training, Training, Training
  - ✓ Teach How NOT To Be Exposed
  - ✓ Teach How to observe problems
  - ✓ Use Toolbox

# Sump Side Tools

- Activity Log
- I/I sump-side assessment doc.
- Concentration
- pH
- Water Hardness
- Biological Dip Slides
- % Tramp Oil/Free oil

| Appendix C. Forms   |               |
|---|---------------|
| Metalworking Fluids<br>Sump side assessment   |               |
| Date: ____/____/____<br>Bldg.: _____<br>W/S: _____  | QRT/ID# _____ |
| Machine Type: _____<br>Ventilation: _____<br>Fluid Type: _____<br>System type: (standalone/central) _____<br>Wash down hose: _____              |               |
| <b>Machine Condition:</b><br>Residue on vertical surfaces: _____<br>Residue on horizontal surfaces: _____<br>Residue on tooling fixtures: _____ |               |
| <b>Sump side fluid sample test:</b><br>Conc. _____<br>pH _____<br>Viscos. _____<br>Tramp oil _____  |               |
| <b>Laboratory sample taken:</b> NO _____ YES _____ Sample # _____ Date: _____ Time: _____   |               |
| <b>Personal: (optional)</b><br>Name: _____<br>First time affected: NO _____ YES _____<br>State reason for reporting:<br>_____<br>_____<br>_____ |               |
| <b>Responders:</b><br>_____<br>_____<br>_____   |               |
| <b>Action Follow Up:</b><br>_____<br>_____  |               |

# The Tool Box

---

## ➤ Personal Hygiene

- ✓ Keep the MWF off the skin and avoid breathing MRF mist whenever possible.
- ✓ Change MRF-soaked clothing immediately. DON'T allow it to dry while you're wearing it.
- ✓ Change work gloves at least daily, more often if they become wet.
- ✓ Don't use dirty shop towels to wipe hands.
- ✓ Wash with the mildest soap- rinse with plain water if appropriate
- ✓ Report any skin or respiratory irritation to your supervisor or the appropriate medical personnel immediately.

# The Tool Box

---

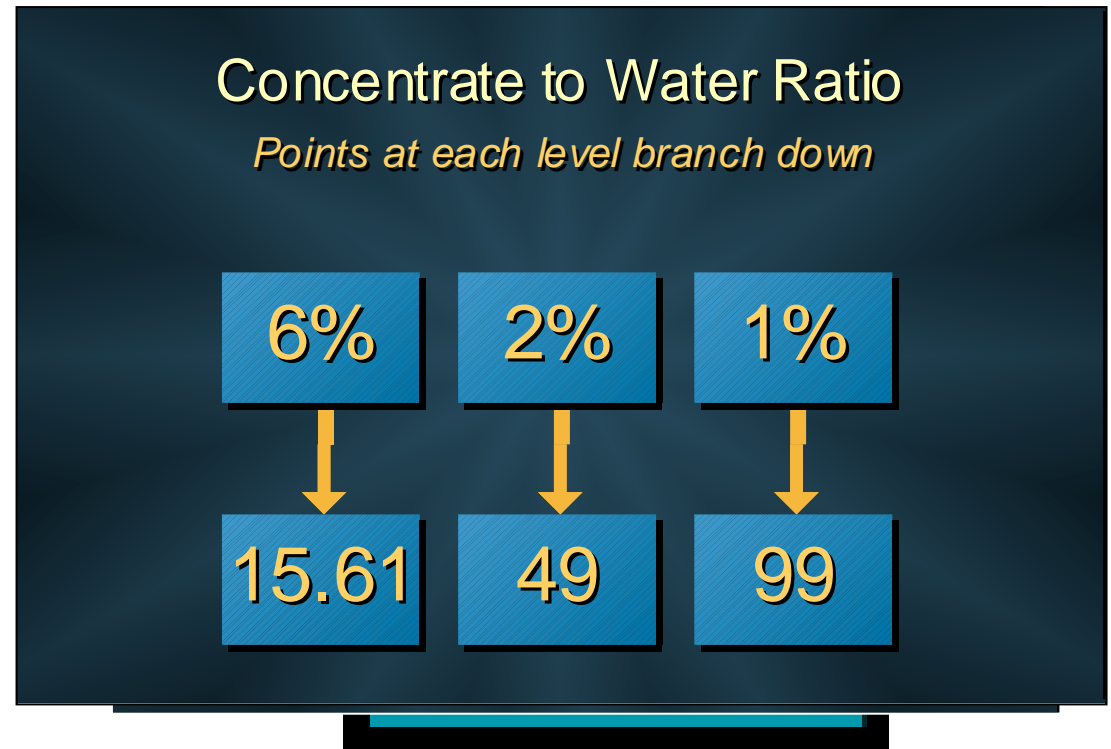
## ➤ MWF Hygiene

- ✓ Keep MWF as free from contamination (oils, soaps, debris, etc.) as possible.
- ✓ Practice good housekeeping – keep area clean and don't allow coolant to puddle or stagnate.
- ✓ FIX OIL LEAKS! (And keep oil skimmed from top of coolant as much as possible.) The importance of this CANNOT be overstated.
- ✓ Maintain the MWF at the correct concentration %.
- ✓ Keep MWF filtration and chip removal systems working properly.
- ✓ Use the lowest practical MWF flow rates and pressures for the machining and chip removal operations.
- ✓ If you suspect a problem with the MWF, tell the person in charge of chemical management for the system immediately.



# What Is Possible...

- Prevent loss time
  - ✓ Illness/injury
  - ✓ Machine down time
- Medical Avoidance cost
  - ✓ workers comp.
- Product quality
- Fluid optimization
- Water conservation
- Hazardous waste (dissolved metals / contaminants)



# The Three MOST IMPORTANT Things...


---

## ➤ Training

- ✓ Teach people how to work safely with MWF's
  - Awareness
  - Assessment
  - Observations
  - Technical

# Available Guidance

---

- NIOSH Criteria Document – [www.cdc.gov/niosh](http://www.cdc.gov/niosh)
  - OSHA [Guidance Document](#)
  - British [HSE Metal Working Fluid Good Practice Manual](#)
  - Independent Lubricant Manufacturers Association – [www.ilma.org](http://www.ilma.org)
  - STLE [Society of Tribologist and Lubrication Engineers](#)
  - Product Supplier / Formulator
- 

# Questions?



[mwfsg@comcast.net](mailto:mwfsg@comcast.net)